

VR3 GLUTE

12170-01

Parts Manual

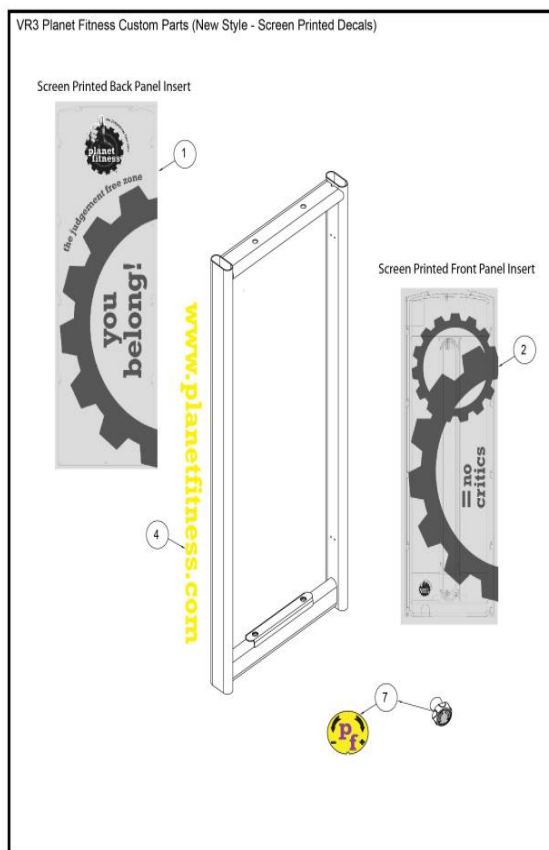
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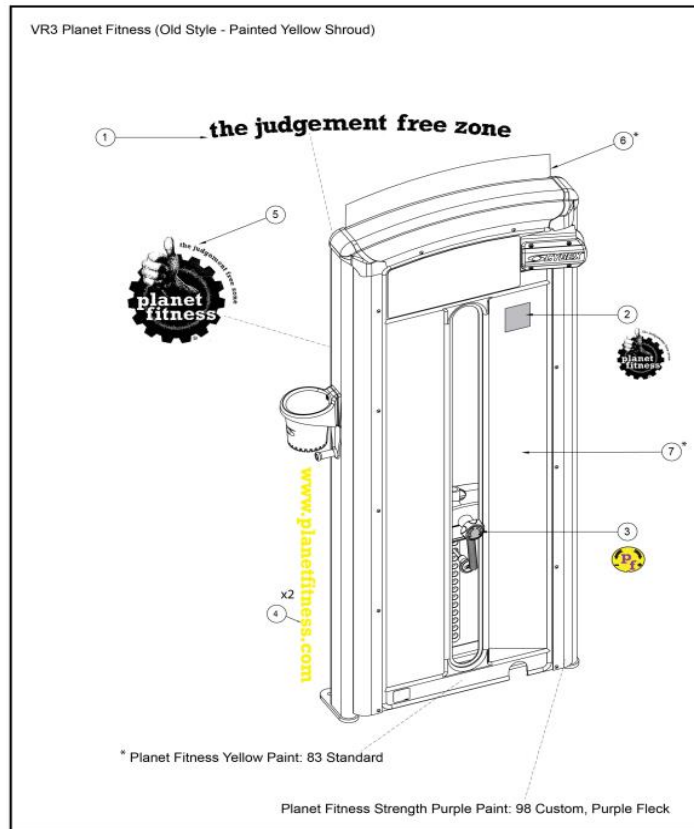
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VR3 Planet Fitness Custom (New Style)



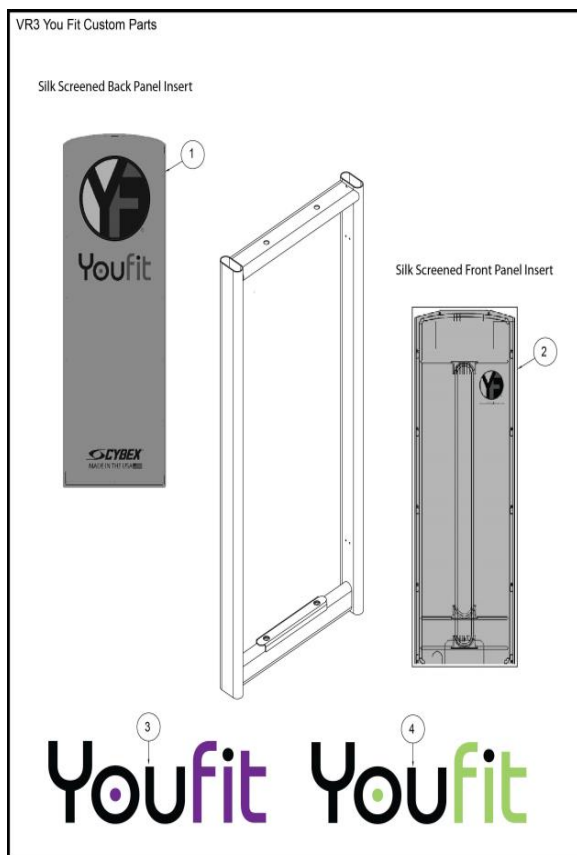
Ref #	Part Number	Qty	Description
1	12000-375P	1	BACK PANEL INSERT, PLANET FITNESS
2	12000-397P	1	Panel insert, Planet Fitness
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
7	DE-60231	1	DECAL ROTATION PLANET FITNESS

VR3 Planet Fitness Custom (Old Style) ☐



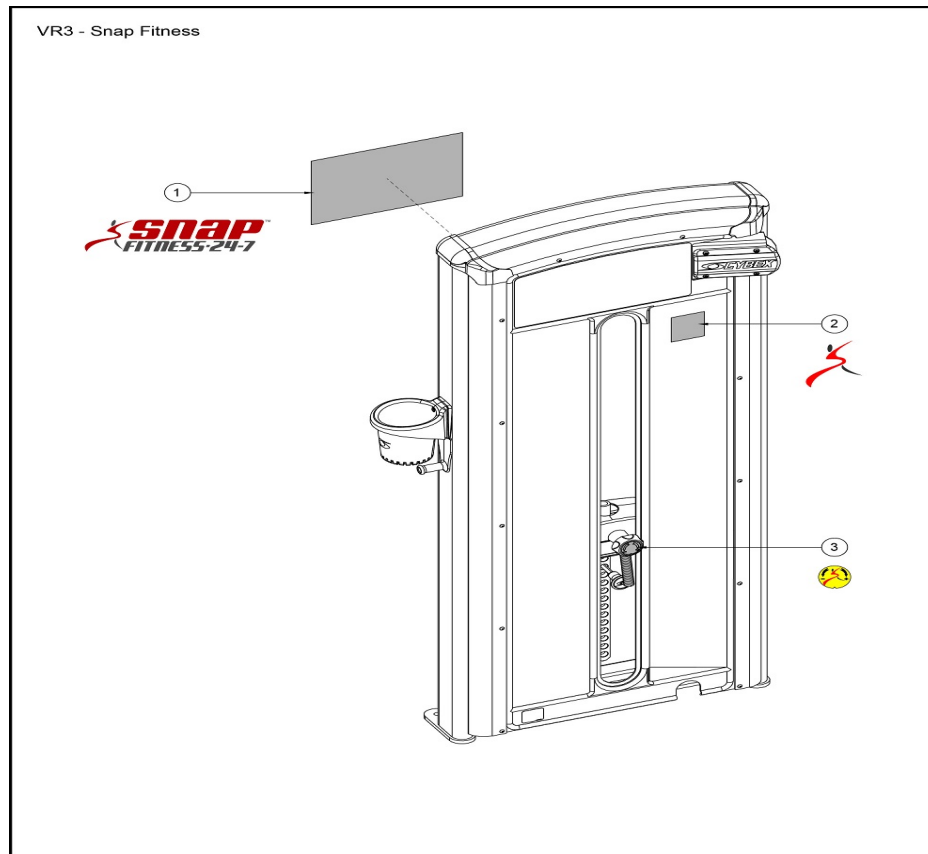
Ref #	Part Number	Qty	Description
1	DE-60232	1	DECAL JUDGEMENT FREE ZONE
2	DE-60233	1	DECAL THUMBS UP 3 INCH PLANET FITNESS
3	DE-60231	1	DECAL ROTATION PLANET FITNESS
4	DE-60251	1	WWW.PLANETFITNESS.COM DECAL (YELLOW)
5	DE-60235	1	DECAL THUMBS UP 13 INCH PLANET FITNESS
6	12000-375Y	1	BACK PANEL INSERT YELLOW
7	12000-397Y	1	PANEL INSERT YELLOW

VR3 You Fit Custom ☐



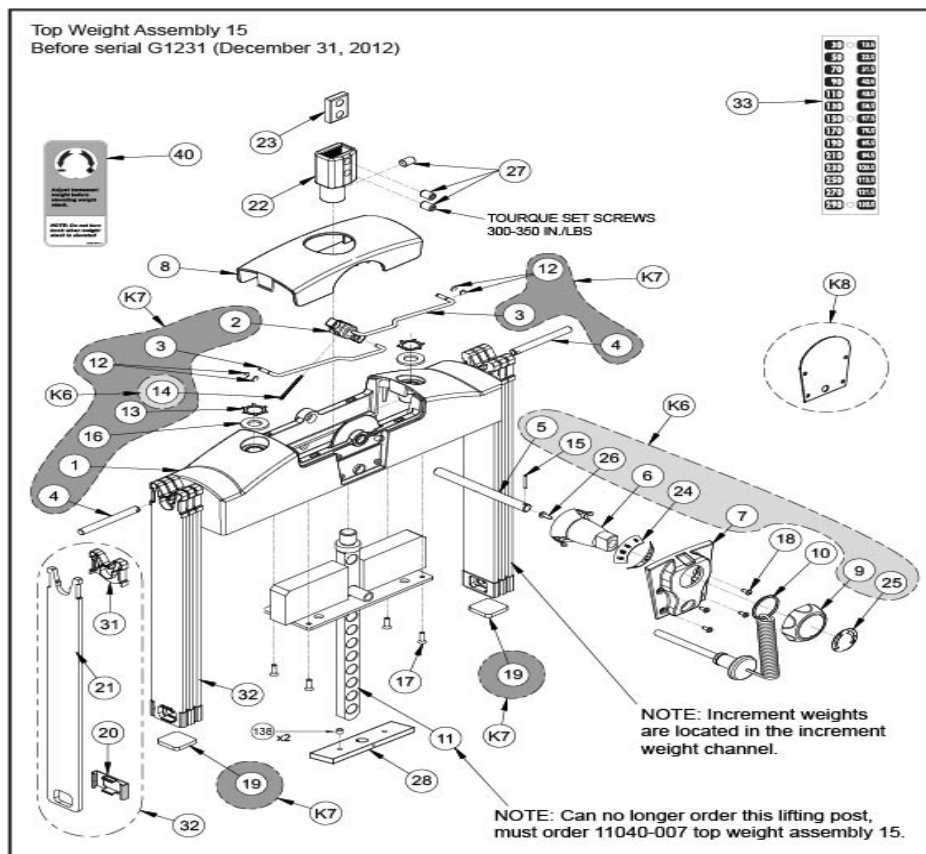
Ref #	Part Number	Qty	Description
1D	12000-375YP	1	BACK PANEL INSERT, YOUFIT PURPLE
1C	12000-375PY	1	BACK PANEL INSERT, YOUFIT PURPLE
1B	12000-375YG	1	BACK PANEL INSERT, YOUFIT GREEN
1A	12000-375GY	1	BACK PANEL INSERT, YOUFIT GREEN
2A	12000-397GY	1	PANEL INSERT, YOUFIT GREEN
2B	12000-397YP	1	PANEL INSERT, YOUFIT PURPLE
3	DE-60274	1	DECAL, YOUFIT PURPLE
4	DE-60275	1	DECAL, YOUFIT GREEN

VR3 - Snap Fitness



Ref #	Part Number	Qty	Description
1	12000-422	1	Decal Snap Fitness Logo 13.00
2	12000-423	1	DECAL SNAP FITNESS RUNNING MAN 3.00
3	12000-424	1	Decal Snap Fitness Rotation

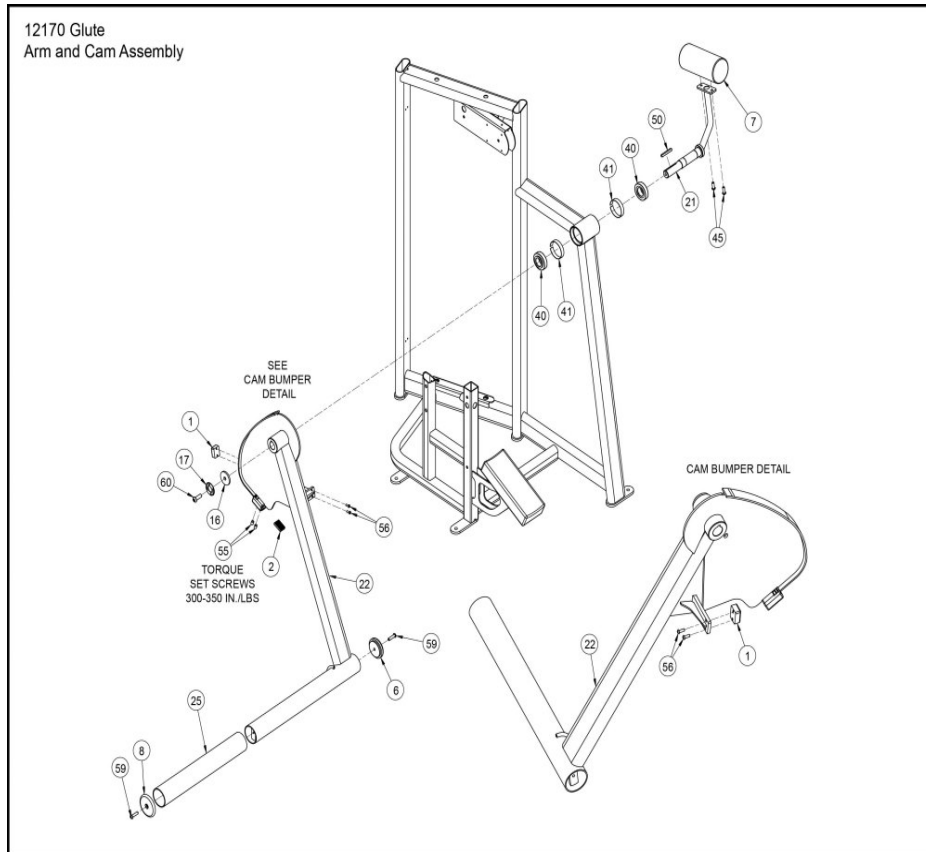
VR3 - 15 Top Weight Assembly Before G1231



Ref #	Part Number	Qty	Description
1	11040-366	1	TOP WEIGHT ASSEMBLY MOLDED
2	11040-367	1	HUB MOLDED
3	11040-369	2	ROD LINKAGE
4	11040-370	2	PIN
5	11040-427	1	ROD
K6	11040K009	2	KIT INCREMENT WEIGHT KNOB
6	11040-426	1	STEM
7	11040-424	1	COVER PLATE
K7	11040K010	3	Kit Top Weight Hardware
8	11040-416	1	COVER TOP WEIGHT
K8	11040K007	1	KIT NON-INCREMENTAL TOP WEIGHT
9	11040-425	1	KNOB
10	BH030207	2	PIN WEIGHT SELECTOR
11	4700-251	1	NLA: C LIFTING POST 15
12	BR030209	4	RETAINING RING .188
13	BR030220	1	RETAINING RING 1.250 INTERNAL
14	HP016820	1	COTTER PIN .125 X 1.25
15	HP266765	1	ROLL PIN .125 X .938
16	HS720004	1	WASHER FELT .641 ID X 1.250 OD X .125 T
17	HT562715	1	TAP SC NO 10 X .750 F PHIL
18	HT582510	2	TAP SC NO 10 X .375 PN HD PHIL
19	11040-409	2	BUMPER

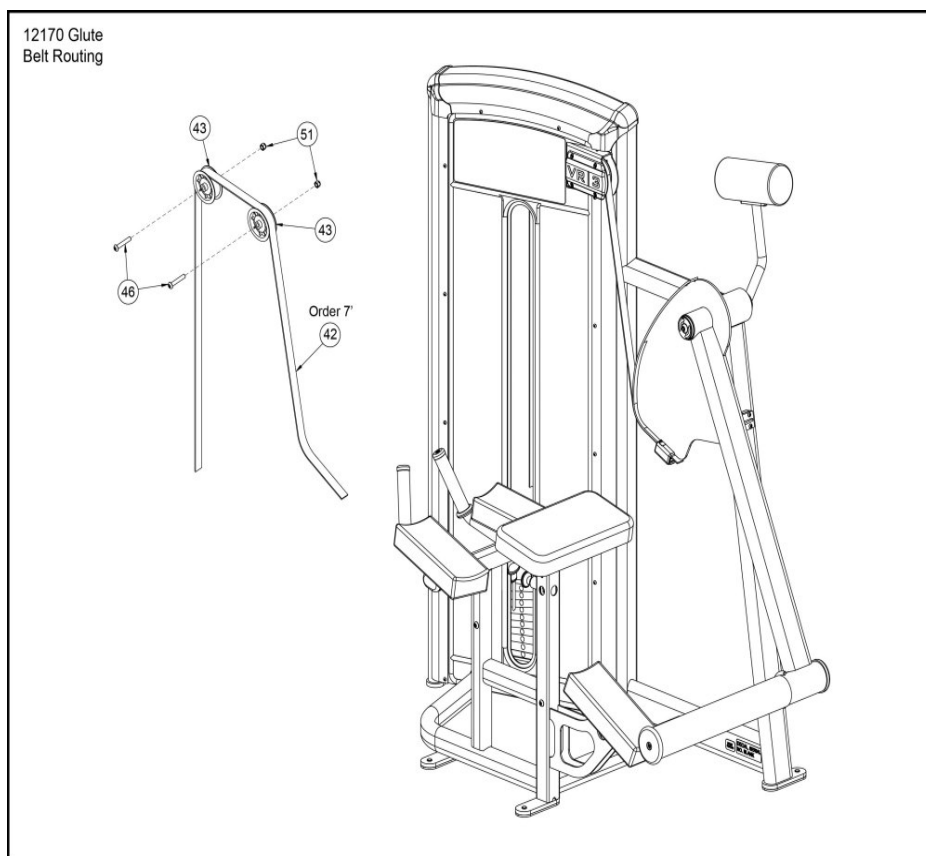
Ref #	Part Number	Qty	Description
20	11040-572	1	GUARD INCREMENT WEIGHT
21,32	11040-030	3	INCREMENT WEIGHT S/A
22	11040-216	1	P BELT CLAMP
23	11040-301	1	INSERT CLAMP BLOCK
24	11040-428	1	DECAL ADJUSTMENT
25	20000-429	1	ROTATION DECAL
26	HT552512	1	TAP SC NO. 8-16 X .50 PLASTITE PAN HEAD PHILLIPS BLACK
27	HY740000	2	SET SCREW
28	4000C101	1	C STACK WT 4X18
29	12050-007	1	WT PAC 11 4X18 BLACK
30	4701-013	1	WT PAC 14 4 X 18 BLACK
31	11040-578	1	GUARD, INCREMENT WEIGHT
33	12000-560	1	DECAL WT PLATE (30-290)
40	11000-407	1	Decal Increment Weight
138	FB130216	1	Bushing Weight Stack

12170 Arm and Cam Assembly



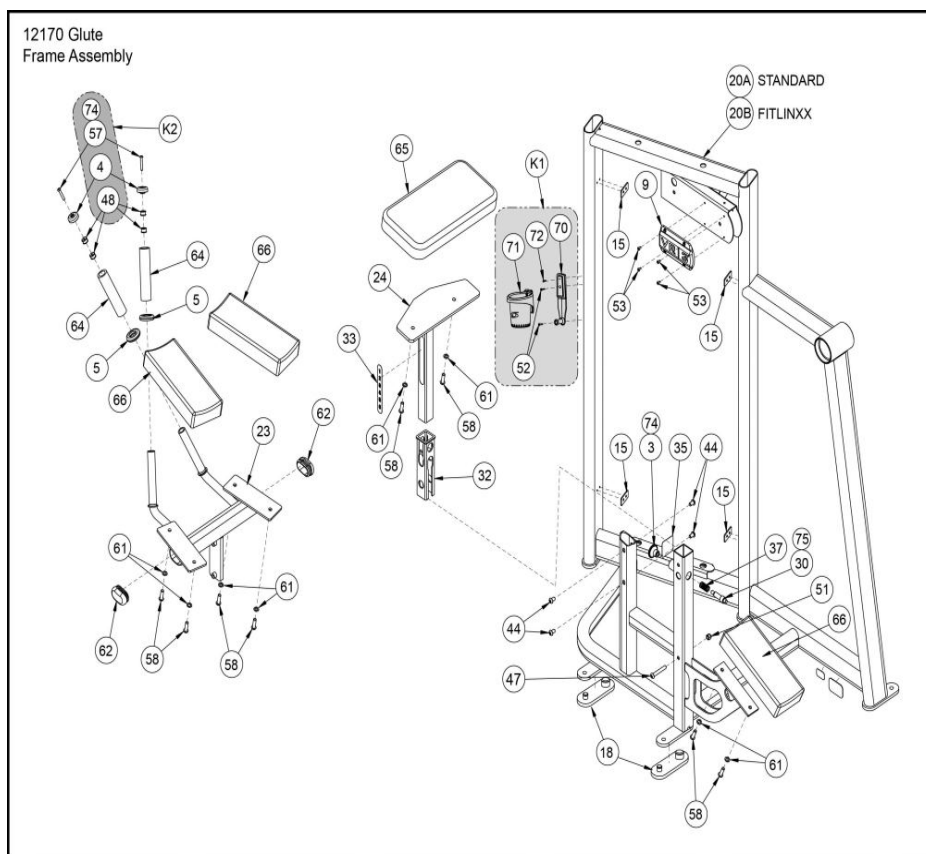
Ref #	Part Number	Qty	Description
1	11000-384	2	BLOCK STOP
2	11040-301	1	INSERT CLAMP BLOCK
6	11090-398	1	END CAP
7	11100-363	1	C/COUNTERWEIGHT
8	11170-345	1	END CAP
16	12050-343	1	WASHER
17	12050-355	1	DECAL ROTATION
21	12170-201	1	W PIVOT SHAFT Custom
22	12170-202	2	W INPUT ARM Custom
25	12170-333	1	GRIP 21.75
40	FB030249	2	BEARING RADIAL 35MM EXT RACE
41	FC030009	2	TOLERANCE RING 72MM
45	HC700417	2	BHSCS .375-16 X 1.00
50	HH320030	1	KEY .313 SQ X 2.50
55	HY740000	2	SET SCREW
56	JC620415	4	BHSCS .250-20 X .75
59	JC700422	2	BHSCS .375-16 X 1.50
60	JC780422	1	BHSCS .500-13 X 1.50

12170 Belt Routing



Ref #	Part Number	Qty	Description
42	GB000202	1	BELT .95 WIDE
43	GP000209	1	PULLEY ASSEMBLY-3.50
46	HC700428	1	BHSCS .375-16 X 2.25
51	HN704901	1	LOCKNUT .375-16 NYLON

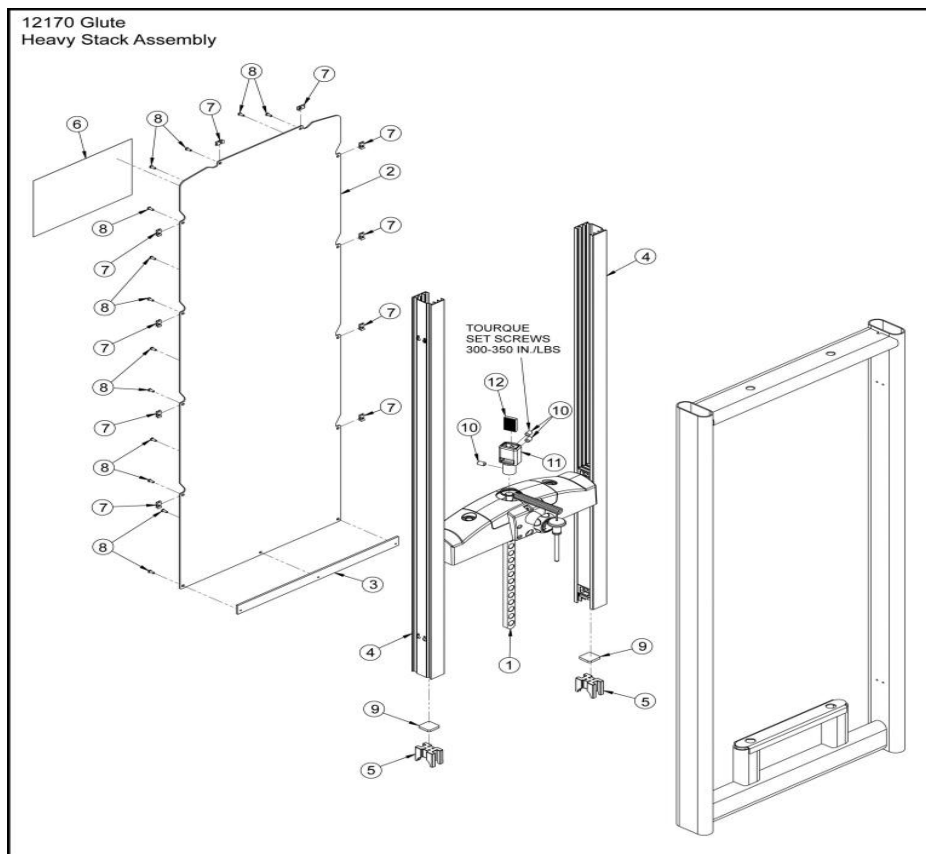
12170 Frame Assembly



Ref #	Part Number	Qty	Description
K1	12000K017	1	Kit Water Bottle Holder
K2	11090K006	1	KIT HANDLE TRIM RING
3	11040-440	1	KNOB
4	11090-374	2	END CAP
5	11090-376	2	RING HANDLE GRIP
9	12000-467	1	PULLEY COVER
15	12000-398	4	SPACER
18	12090-322	2	PAD FOOT
20B	12178-200	1	W MAIN FRAME Custom
20A	12170-200	1	W MAIN FRAME Custom
23	12170-204	1	W PAD MOUNT Custom
24	12170-205	1	W ADJUSTING POST Custom
30	4505-329	1	PIN DETENT
32	4605-512	1	INSERT PLASTIC 7.94
33	4855-317	1	DECAL ADJUSTING
35	8500-025	1	DECAL CAUTION Custom
37	BS070201	1	COM SPRING .56 ID X .66 OD X 1.50 LG
44	HC700414	4	BHSCS .375-16 X .62
47	HC700430	1	BHSCS .375-16 X 2.50
48	HF449063	4	INSERT 3-4X1-4-20 CONNECTOR
51	HN704901	1	LOCKNUT .375-16 NYLON
52	HT512517	2	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK

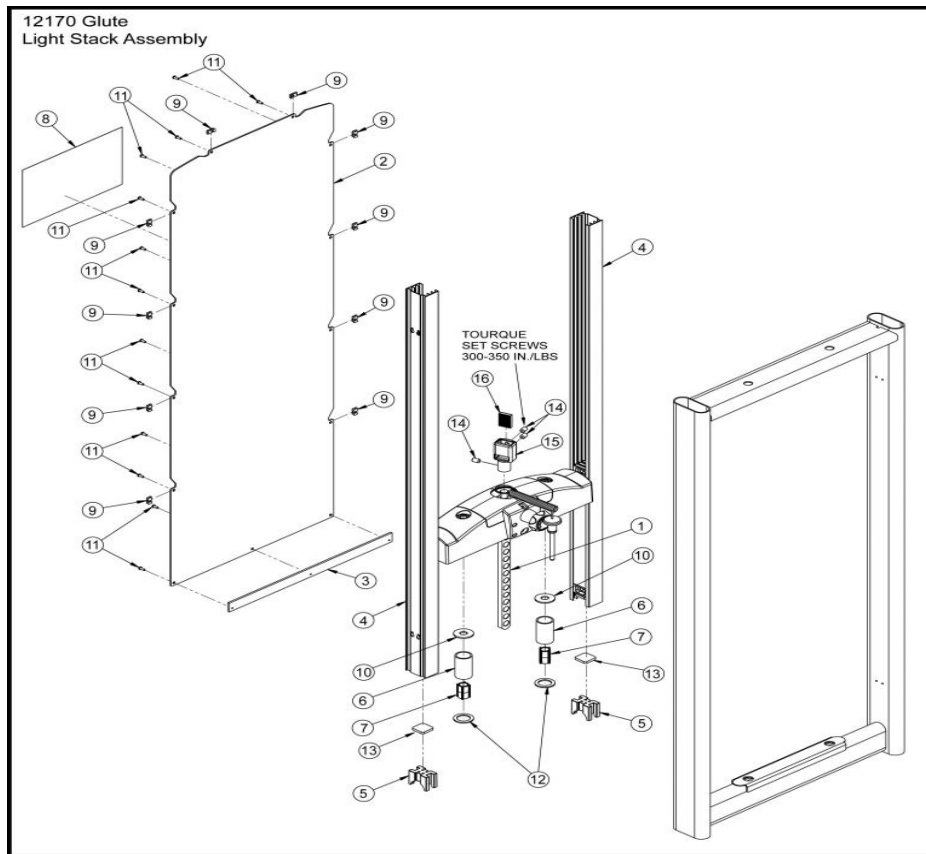
Ref #	Part Number	Qty	Description
53	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
57	JC620422	2	BHSCS .250-20 X 1.50
58	JC700420	8	BHSCS .375-16 X 1.25
61	JS347400	8	LOCKWASHER INT TOOTH .375
62	PP130003	2	INSERT PLASTIC
64	4605-520	2	GRAB GRIP 6.25
65	4800-021	1	CUSHION SA 8 X 16 Custom
66	4800-020	2	CUSHION SA 5 X 12 Custom
70	13000-402	1	Mount Water Bottle Holder
71	13000-400	1	Holder Water Bottle
72	HT552515	1	TAP SC NO. 8-16 X .75 PLASTITE PN HD PHIL BLK

12170 Heavy Stack Assembly



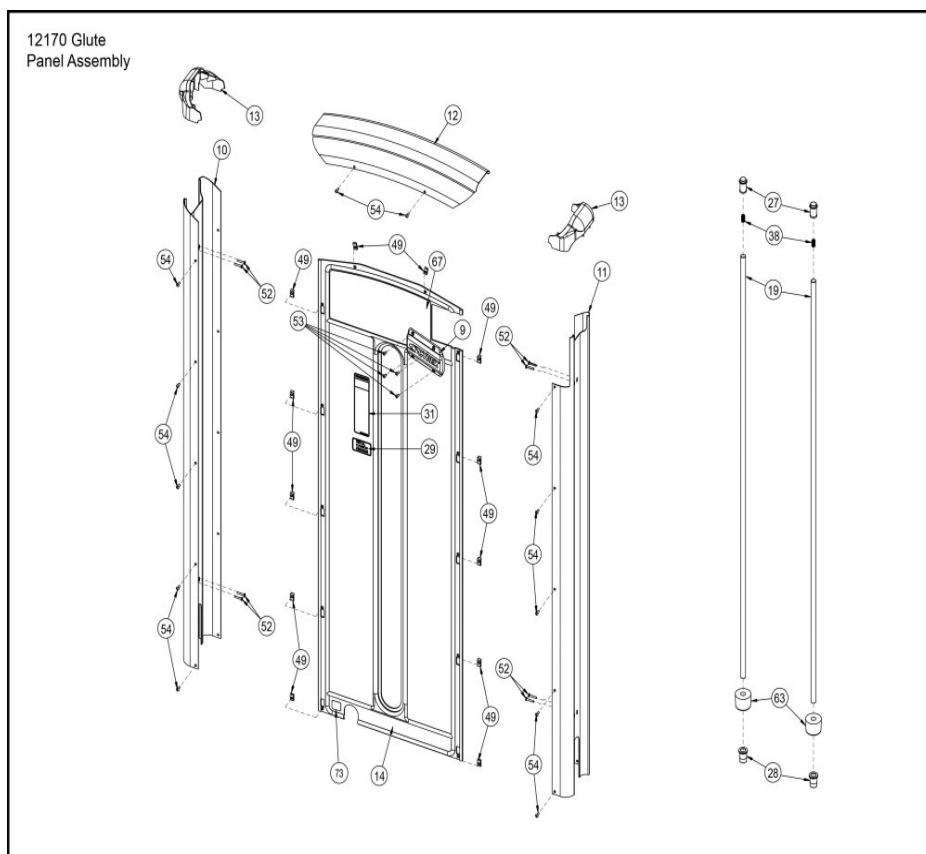
Ref #	Part Number	Qty	Description
1	11040-007	1	TOP WEIGHT ASSY 15
2	12000-375	1	PANEL INSERT
3	12000-378	1	SUPPORT
4	12000-387	12	EXTRUSION INC WT CHANNEL
5	12102-330	2	INSERT INCREMENT WEIGHT
6	3900-441	1	DECAL CYBEX VER BLACK
7	HF579000	10	PANEL FASTENER 10-24 U TYPE
8	HX570412	7	BHSCS 10-24 X .50 SS
9	11040-409	2	BUMPER
10	HY740000	2	SET SCREW
11	11040-216	1	P BELT CLAMP
12	11040-301	1	INSERT CLAMP BLOCK

12170 Light Stack Assembly



Ref #	Part Number	Qty	Description
1	11040-007	1	TOP WEIGHT ASSY 15
2	12000-375	1	PANEL INSERT
3	12000-378	1	SUPPORT
4	12000-387	2	EXTRUSION INC WT CHANNEL
5	12102-330	2	INSERT INCREMENT WEIGHT
6	12210-351	2	TUBE SPACER
7	12210-352	2	INSERT PLASTIC
8	3900-441	1	DECAL CYBEX VER BLACK
9	HF579000	10	PANEL FASTENER 10-24 U TYPE
10	HS760106	2	WASH FLAT 1.750 .688 .140 T
11	HX570412	7	BHSCS 10-24 X .50 SS
12	JS497600	2	WASHER 1.19 ID X 1.75 OD X .12 THK
13	11040-409	2	BUMPER
14	HY740000	2	SET SCREW
15	11040-216	1	P BELT CLAMP
16	11040-301	1	INSERT CLAMP BLOCK

12170 Panel Assembly



Ref #	Part Number	Qty	Description
9	12000-467	1	PULLEY COVER
10	12000-392	1	CHANNEL INCREMENT WEIGHT
11	12000-393	1	CHANNEL INCREMENT WEIGHT
12	12000-395	1	CAP TOP
13	12000-396	2	END CAP
14	12000-397	1	PANEL INSERT
19	12060-350	2	WT ROD .625 DIA X 54.63
27	12210-347	2	CAP GUIDE ROD
28	12210-348	2	CAP GUIDE ROD
29	DE000005	1	Decal Caution Custom
31	DE000001	1	Decal Warning Custom
38	BS070208	2	COMP SPRING .396 ID X .480 OD X 1.50 LG
49	HF579000	12	PANEL FASTENER 10-24 U TYPE
52	HT512517	8	TAP SC 10-24 X 1.00 TYPE WB PN HD PHIL BLK
53	HT570410	4	SCREW PNH TORX 10-24X.375 BLACK
54	HX570412	12	BHSCS 10-24 X .50 SS
63	PR060005	2	BUMPER WEIGHT
67	12170-598	1	Placard VR3 Glute- order language specific item
73	11040-790	1	NLA: DECAL, MADE IN THE USA

12170 Parts Not Shown

Other Parts Not Shown

Ref #	Part Number	Qty	Description
K6	12000K019	1	Kit Hardware VR3
26	12170-999-4	1	OWNERS MANUAL VR3 GLUTE ENGLISH
26	12170-999-3	1	OWNERS MANUAL VR3 GLUTE SPANISH
26	12170-999-2	1	OWNERS MANUAL VR3 GLUTE FRENCH
26	12170-999-1	1	OWNERS MANUAL VR3 GLUTE GERMAN
26	12170-999-8	1	OWNERS MANUAL VR3 GLUTE RUSSIAN
26	12170-999-6	1	OWNERS MANUAL VR3 GLUTE JAPANESE
26	12170-999-7	1	OWNERS MANUAL VR3 GLUTE SWEDISH

